



Delicious Recipes

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One Pan Breakfast Sandwich

INGREDIENTS

- 3 large eggs
- 1 tsp fresh thyme
- 1 tsp chili flakes
- Salt and pepper to taste
- 1 tbsp butter
- 2 slices sourdough bread
- 2 slices cheese (Swiss or American)
- 2 slices deli ham
- ½ avocado thinly sliced
- 2 slices heirloom tomatoes
- 2 leaves butter lettuce

DIRECTIONS

1. In a large bowl, add your eggs, fresh thyme, chili flakes, salt and pepper and whisk until well combined
2. Heat a large nonstick frying pan on high. Add butter, followed by the eggs.
3. Place your bread on top of the egg mixture.
4. Once the omelette is lightly browned, flip and place your sliced ham, cheese, tomatoes, avocados and lettuce on one side of the bread.
5. Flip the other side to close the sandwich, remove from the pan and serve.